

# **Request for Blood Donation**

## **About the Service**

This service enables individuals to donate blood for transfusion to those who need it.

## **Service Process**

- Upon arrival at the blood bank, register.
- Review the available educational material regarding blood donation, complete the required questionnaire, and sign the Informed Consent form.
- Preliminary tests will be conducted to determine your blood group and measure vital indicators, including blood pressure, heart rate, and body temperature.
- Proceed with the blood donation process.
- After donation, take some time to rest and enjoy the hospitality provided to all donors.

## **Required Documents**

- An original valid Emirates ID card

## **Conditions & Requirements**

1. The donor must be in good health and not suffer from any acute disease
2. The donor must be 18 - 65 years old
3. The donor must not weigh less than 50 kg
4. The donor's blood pressure should range from diastolic 50 to 100, rising to between 90 and 180
5. The donor's heart rate must be between 50-100 beats per minute
6. The donor's temperature must not exceed 37°C
7. Note: Pregnant women are advised not to donate blood in order to protect the health of the mother and her fetus

## **Service completion duration**

- 40 Minutes

## **Service Fees**

Free

## **Service channels**

Customer Happiness Centers

## **Service locations**

- Sharjah: Blood Transfusion & Research Center
- Mobile blood banks
- Sub-blood banks in the following hospitals: Dubai: Kuwait Hospital/previously Al Baraha HospitalSharjah: Al Dhaid Hospital, Khorfakkan Hospital, Kalba HospitalUmm Al Quwain: Umm Al Quwain Hospital - Ras Al Khaimah: Saqr HospitalFujairah: Fujairah Hospital, Dibba Hospital

## Support

### Blood Transfusion & Research Center:

Phone: 065146222

Toll Free: 80025663

### Peripheral Blood Banks:

Al Kuwait Hospital - DXB BB: 047078603

Al Dhaid Hospital BB: 068020417

Khorfakkan Hospital BB: 092081312

Kalba Hospital BB: 092030260

UAQ Hospital BB: 067060343

Saqr Hospital BB: 072049733

FUJ Hospital BB: 092020501

Dibba FUJ Hospital BB: 092061592

## Target audience

- General Individuals

## Department name

Laboratory Department

## Sector name

Clinical Support Services Sector

## Main Service

Blood Transfusion

## Service Code

400-40-001-000

## Service Type

Social

## Sub Service Type

Variation

## Service Classification

Good Health And Well-Being