

Antenatal Care

About the Service

This service enables pregnant women to schedule regular appointments for pregnancy monitoring, as per the Pregnancy Care Guidelines.

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Service Process

- Register in the digital-services, create user name and password (If not yet registered), and login
- Register the pregnant woman should as per the previous appointment, document and file information in the health record.
- Vital signs (weight, height, body mass, blood pressure) will be measured by the nurse
- Health awareness about breastfeeding and nutrition will be provided
- Medical history, clinical examination and evaluation of pregnancy will be conducted by the doctor in charge
- The pregnant woman will be referred to the laboratory for required tests and pelvic ultrasound scan "if needed".
- Description of complementary and therapeutic drugs will be provided where necessary
- Appointments for periodic visits up to the 28th week of normal pregnancy will be scheduled, after which the pregnant woman will be transferred to the hospital.
- In case of early detection of risk factors, the pregnant will be referred to hospital for monitoring according to the Pregnancy Care Guidelines.

Required Documents

- Valid Health Card
- Valid UAE ID card
- Marriage certificate
- Proof of pregnancy (analysis or ultrasound)

Conditions & Requirements

1. The pregnant woman shall be UAE national or has a residence within the UAE.

Service completion duration

- 30 - 60 minutes

Service Fees

Fees of the approved package are applied. The fees of additional service provided outside the package are determined according to the issued regulations and the implemented procedures.

Service channels

Service Delivery Centers

EHS Website

Service locations

- **Emirate of Sharjah:** Wasit Health Center, Riffa Health Center, Sharjah Health Center, Al Sabkha Health Center, Al Riqqa Health Center, Al Khalidiya Health Center, Al Hamriya Health Center, Abu Mousa Health Center, Almadam health center
- **Emirate of Ajman:** City Health Center, Musheirif Health Center, Al Hamidiya Health Center, Manama Health Center, Muzaira Health Center
- **Emirate of Fujairah:** Al Faseel Health Promotion Center, Murbah Health Center, Al Qarya Health Center, Qidfa Health Center, Al Badia Health Center, Dadna Health Center
- **Emirate of Umm Al Quwain:** Al Khazzan Health Center, Falaj Al Mualla Health Center, Al Salama Health Center, Al Raafa Health Center, Motherhood & Childhood Center
- **Emirate of Ras Al Khaimah:** Ras Al Khaimah Health Center, Julphar Health Center, Al Rams Health Center, Al Nakheel Health Center, Al Dhait Health Center, Digdagga Health Center, Al Jazeera Al Hamra Health Center, Al Jeer Health Center, Shamal Health Center, Khat Health Center, Al Hamriya Health Center, Shoukah Health Center, Kadra Health Center, Wadi Safni Health Center, Al Mamourah Health Center, and Al Mannai Health Center
- **Emirate of Fujairah:** Al Faseel Health Promotion Center, Murbah Health Center, Qidfa Health Center, Al beddia Health Center, Dadna Health Center

Target audience

- Pregnant women of all nationalities

Department name

Primary Healthcare Department

Sector name

Clinical Services Sector

Main Service

Maternity Care and Safe Birth

Service Code

400-12-003-000

Service Type

Social

Sub Service Type

Variation

Service Classification

Good Health And Well-Being