Postnatal Care

About the Service

This service enables women to receive the health care and consultation during the period of 6 weeks after delivery.

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Service Process

- Register in the digital-services, create user name and password (If not yet registered), and login
- Visits to primary health care centers must be pre-scheduled
- Pregnancy information is recorded at the reception desk
- The patient's condition will be referred to the doctor for evaluation. Certain tests will be required as needed
- Required analyses will be conducted
- The patient's condition will be reviewed according to analysis results and the necessary advice and treatments will be provided.
- Dispense medicines from the pharmacy "If needed".

Required Documents

- Valid Health Card
- Valid UAE ID card

Conditions & Requirements

1. The services provided to UAE nationals and UAE residents only.
2. This service is available for women within 6 weeks after delivery.
3. Known address must be specified as within the geographical area of the PHC center

Service completion duration

- 30-60 Minutes

Service Fees

Fees of the approved package are applied. The fees of additional service provided outside the package are determined according to the issued regulations and the implemented procedures.

Service channels

Service Delivery Centers

EHS Website

Service locations

- **Emirate of Sharjah:** Wasit Health Center, Riffa Health Center, Sharjah Health Center, Al Sabkha Health Center, Al Riqqa Health Center, Al Khalidiya Health Center, Al Hamriya Health Center, Abu Mousa Health Center, Almadam health center
- **Emirate of Ajman:** City Health Center, Musheirif Health Center, Al Hamidiya Health Center, Manama Health

Center, Muzaira Health Center
- **Emirate of Umm Al Quwain:** Al Khazzan Health Center, Falaj Al Mualla Health Center, Al Salama Health Center, Al Raafa Health Center, Motherhood & Childhood Center
- **Emirate of Ras Al Khaimah:** Ras Al Khaimah Health Center, Julphar Health Center, Al Rams Health Center, Al Nakheel Health Center, Al Dhait Health Center, Digdagga Health Center, Al Jazeera Al Hamra Health Center, Al Jeer Health Center, Shamal Health Center, Khat Health Center, Al Hamriya Health Center, Shoukah Health Center, Kadra Health Center, Wadi Safni Health Center, Al Mamourah Health Center, and Al Mannai Health Center
- **Emirate of Fujairah:** Al Faseel Health Promotion Center, Murbah Health Center, Qidfa Health Center, Al beddia Health Center, Dadna Health Center

Target audience

- Women after delivery (within 6 weeks)

Department name

Primary Healthcare Department

Sector name

Clinical Services Sector

Main Service

Maternity Care and Safe Birth

Service Code

400-12-008-000

Service Type

Social

Sub Service Type

Variation

Service Classfication

Good Health And Well-Being