

# **Breastfeeding Counseling**

## **About the Service**

This service enables lactating women to receive counselling and health education related to the breastfeeding and proper nutrition.

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## **Service Process**

- Register in the digital-services, create user name and password (If not yet registered), and login
- The postpartum mother will be referred to the primary health care center
- The mother will visit the center for the appointment and register at reception
- Health awareness will be provided in line with the educational approach for mothers
- The child will be registered in the primary health care center
- Conditions of breastfeeding will be assessed during early neonatal screening
- Awareness about breastfeeding and proper nutrition will be provided and the child's stages of growth and development will be monitored and vaccinations provided according to the Child Care Guidelines
- In serious cases, both mother and child will be referred to a specialized breastfeeding clinic in a primary health care center or hospital

## **Required Documents**

- Valid Health Card for the pregnant mother
- Valid UAE ID card for the pregnant mother
- Valid UAE ID card for the infant (if any)
- Vaccination card for the infant
- Birth notification when evaluating breastfeeding during neonatal screening

## **Conditions & Requirements**

1. Pregnant woman must be registered at the PHC center
2. The known address must be specified as within the geographical area of the PHC center
3. The infant must be younger than one year old.
4. In serious cases, both mother and child will be referred to the nearest specialized breastfeeding clinic

## **Service completion duration**

- 30 - 60 minutes

## **Service Fees**

Fees are determined according to the case, approved regulations and the procedures implemented

## **Service channels**

Service Delivery Centers

EHS Website

## Service locations

- **Emirate of Sharjah:** Wasit Health Center, Riffa Health Center, Sharjah Health Center, Al Sabkha Health Center, Al Riqqa Health Center, Al Khalidiya Health Center, Al Hamriya Health Center, Abu Mousa Health Center, Almadam health center
- **Emirate of Ajman:** City Health Center, Musheirif Health Center, Al Hamidiya Health Center, Manama Health Center, Muzaira Health Center
- **Emirate of Umm Al Quwain:** Al Khazzan Health Center, Falaj Al Mualla Health Center, Al Salama Health Center, Al Raafa Health Center, Motherhood & Childhood Center
- **Emirate of Ras Al Khaimah:** Ras Al Khaimah Health Center, Julphar Health Center, Al Rams Health Center, Al Nakheel Health Center, Al Dhait Health Center, Digdagma Health Center, Al Jazeera Al Hamra Health Center, Al Jeer Health Center, Shamal Health Center, Khat Health Center, Al Hamriya Health Center, Shoukah Health Center, Kadra Health Center, Wadi Safni Health Center, Al Mamourah Health Center, and Al Mannai Health Center
- **Emirate of Fujairah:** Al Faseel Health Promotion Center, Murbah Health Center, Qidfa Health Center, Al beddia Health Center, Dadna Health Center

## Target audience

- Lactating mother `

## Department name

Primary Healthcare Department

## Sector name

Clinical Services Sector

## Main Service

Supporting Health Services

## Service Code

400-12-005-000

## Service Type

Social

## Sub Service Type

Variation

## Service Classification

Good Health And Well-Being