

Nutrition Counseling

About the Service

This service provides and promotes nutritional preventive and therapeutic concepts for diseases that benefit from a nutrition program.

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Service Process

- Register in the digital-services and make user name and password (If not yet registered), and login
- The patient is referred to the nutrition clinic following diagnosis from the doctor
- The patient's condition will be evaluated and the appropriate dietary program determined
- The patient's questions and inquiries will be answered

Required Documents

- Valid Health Card (if customer does not have a Health Card, fees must be paid in full)
- Valid Emirates ID card for UAE nationals and expatriates to register according to same information
- Referral from the doctor to the nutrition clinic

Conditions & Requirements

1. Referral report to nutrition clinic, describing the medical condition and doctor's recommendation

Service completion duration

- New case: 45 min, Follow-up: 20 - 30 min

Service Fees

UAE and GCC nationals: Free with valid Health Card

Expatriates and those without a Health Card: AED190 (consultation fees)

Service channels

Service Delivery Centers

EHS Website

Service locations

- Primary Healthcare Centers: Dubai: Al Muhaisnah Health Center, Hor Al Anz Health Center, Al Rashidiya Health Center, Al Qusais Health Center, Al Ittihad Health Center, Al Quoz Health Center Sharjah: Primary Health Care - Sharjah, Riffa Health Center, Family Health Promotion Center, Al Dhaid Health Center, Kalba Health Center, Dibba Al Hisn Center Ras Al Khaimah: Primary Health Care - Ras Al Khaimah, Ras Al Khaimah Health Center, Physiotherapy and Sports Medicine Center, Al Dhait Health Center, Al Jazeera Health Center, Family Rehabilitation Center, Al Mamourah Health Center, Julphar Health Center Ajman: Primary Health Care - Ajman, Mushairif Health Center, Al Hamidiya Health Center, Manama Health Center Umm Al Quwain: Primary Health Care - Umm Al Quwain, Maternity

and Child Health Center, Al Salama Health Center, Al Falaj Health Center, Al Khazzan Health CenterFujairah: Primary Health Care - Fujairah, Murashid Health Center, Al Madina Health Center, Al Khulaibiya Health Center, Murbeh Health Center, Al Qarya Health Center, Qidfa Health Center, Al Hala Health Center, Al Tawyeen Health Center

- Hospitals: Emirate of Dubai: Kuwait Hospital- Dubai (Al Baraha), Al Amal HospitalEmirate of Sharjah: Al Qassimi Hospital, Khorfakkan Hospital, Al Dhaid Hospital, Kalba Hospital, Al Qassimi Hospital for Obstetrics and Gynecology, Kuwait Hospital, Sharjah.Emirate of UAQ: Umm Al Quwain Hospital.Emirate of RAK: Saqr Hospital, Abdullah Bin Omran Hospital.Emirate of Fujairah: Masafi Hospital, Fujairah Hospital, Dibba Hospital, Fujairah

Target audience

- Patients (all ages)

Department name

Health Support Services Department

Sector name

Clinical Support Services Sector

Main Service

Supporting Health Services

Service Code

400-17-005-000

Service Type

Social

Sub Service Type

Variation

Service Classification

End Hunger, Achieve Food Security and Improved Nutrition and Promote Sustainable Agriculture