

Safety After a Chemical and Hazardous Materials Incident: Be Prepared and Take Action

1. Wait for Official Clearance

- Do not return to the area until authorities announce that it is safe.
- Follow instructions from emergency responders, teachers, or officials.

2. Avoid Contaminated Areas

- Stay away from spill sites, damaged containers, or residue.
- Do not touch unknown substances, even if they appear dry or harmless.

3. Decontaminate Yourself (If Exposed)

- Wash your hands and body thoroughly with soap and water.
- Shower if instructed to do so; avoid hot water unless authorities confirm it is safe.
- Put on clean clothing.
- Place contaminated clothing in a separate bag if instructed.

4. Monitor Your Health

- Watch for symptoms such as coughing, dizziness, headaches, nausea, or skin irritation.
- Inform a trusted adult or healthcare professional if you feel unwell.

5. Ventilate Only When Permitted

- Open windows and doors only after authorities announce it is safe to do so.
- Restart ventilation systems when instructed.

6. Follow Cleanup Instructions

- Do not attempt to clean chemical spills yourself.
- Allow trained response teams to handle cleanup and decontamination.

7. Seek Emotional Support

- Talk to a trusted adult if you feel worried, anxious, or stressed.
- Chemical incidents can be upsetting, and support is important.

Key Reminder

Safety does not end when the incident is over. Continue following instructions and protect your health.

Cyberattack Emergency

Warning Signs You Should Know

1. Sudden loss of electricity or internet service.
2. Receiving fake emergency messages or phishing emails.
3. Phones or computers stop working.
4. Banking applications or other services become unavailable.

What You Should Do

5. Do not click on unknown links.
6. Use official government channels for updates.
7. Disconnect affected devices from the internet.
8. Keep important information stored securely.
9. Follow instructions from the relevant authorities.

What You Should NOT Do

10. Do not share unverified messages.
11. Do not pay money to online attackers.
12. Do not post screenshots or panic-inducing messages.

Key Reminder

Think before you click. Verify before you share.

Emergency Contact



For all emergencies, call **999**

1. Stay calm. Stay safe.
2. Assist children, older adults, and people with disabilities.
3. Contact emergency services if necessary.
4. Follow information from official sources only.

References

- National Emergency Crisis and Disaster Management Authority (NCEMA)
- UAE Civil Defense (General Command of Civil Defense)
- Ministry of Interior (MOI), UAE
- Ready.gov – U.S. Department of Homeland Security
- Federal Emergency Management Agency (FEMA)
- World Health Organization (WHO)
- Centers for Disease Control and Prevention (CDC)
- Occupational Safety and Health Administration (OSHA)