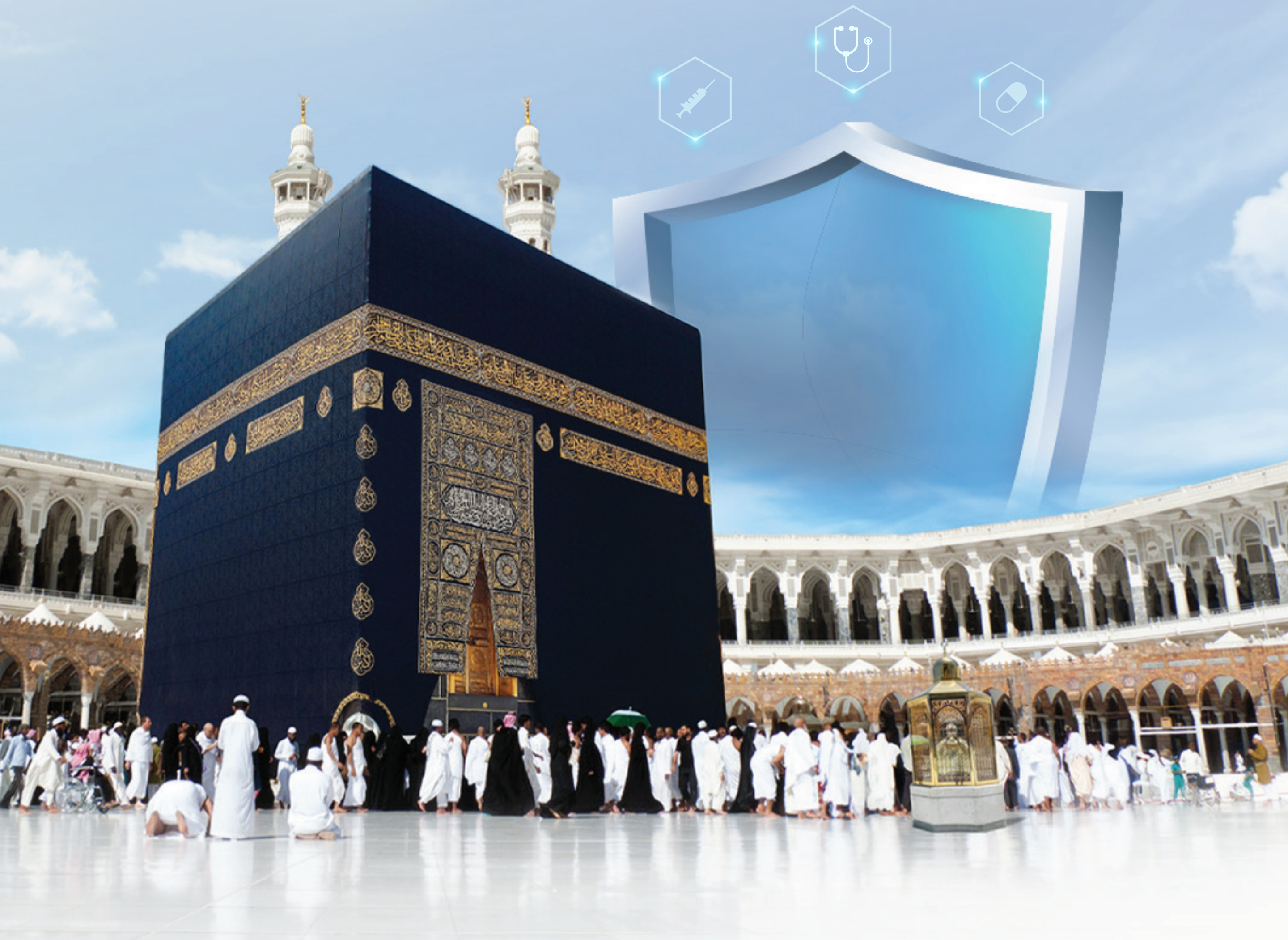


# The Importance of Health Preparation Before Hajj



Emirates Health Services | مؤسسة الإمارات للخدمات الصحية



**Before performing Hajj, it is essential to undergo the necessary medical check-ups to ensure health and safety during the pilgrimage:**

**Receive essential and required vaccinations** to provide immunity and prevent diseases

**Undergo medical examinations** to ensure stable health conditions

**Ensure carrying the necessary medications** and bring extra supplies sufficient for at least three days after travel





# Medical centers that provide Hajj testing:

## DUBAI



### Muhaisnah Health Center

Monday - Thursday:  
7:30AM - 22:00PM

Friday:  
7:30AM - 12:00PM

Sunday:  
8:00AM - 13:00PM  
17:00PM - 22:00PM



### Al Aweer Health Center

Monday - Thursday:  
7:30AM - 15:30PM



### Al Ittihad Health Center

Monday - Thursday:  
7:30AM - 15:30PM

Friday:  
7:30AM - 12:00PM

## SHARJAH



### Khorfakkan Health Center

Monday - Thursday:  
7:30AM - 15:00PM

Friday:  
7:30AM - 11:30AM





## Nahwa Health Center

Monday - Thursday:  
7:30AM - 15:00PM

Friday:  
7:30AM - 11:30AM



## Wadi Al Helo Health Center

Monday - Thursday:  
7:30AM - 17:00PM

Friday:  
7:30AM - 11:30AM



## Nazwa Health Center

Monday - Thursday:  
7:30AM - 15:30PM

Friday:  
7:30AM - 12:00AM



## Al Maliha Health Center

Monday - Thursday:  
7:00AM - 22:00PM



## Shees Health Center

Monday - Thursday:  
8:00AM - 14:30PM

Friday:  
7:30AM - 11:30AM



## Family Promotion Health Center

Monday - Thursday:  
7:30AM - 21:00PM

Friday:  
7:30AM - 11:00AM  
17:00PM - 21:00PM





## Dibba Al Hisn Health Center

Monday - Thursday:  
8:00AM - 14:30PM

Friday:  
8:00AM - 11:00AM



## Al Qarayen Health Center

Monday - Thursday:  
7:30AM - 15:30PM

Friday:  
7:30AM - 12:00AM



## Al Batayeh Health Center

Monday - Thursday:  
7:30AM - 15:30PM

Friday:  
7:30AM - 12:00AM



## Al Madam Health Center

Monday - Sunday:  
7:00AM - 15:00PM



## Al Dhaid Health Center

Monday - Thursday:  
7:30AM - 22:00PM

Friday:  
7:30AM - 12:00PM

Saturday:  
8:00AM - 13:00PM  
17:00PM - 22:00PM

Sunday:  
8:00AM - 13:00PM



## Al Hamriyah Health Center

Monday - Thursday:  
7:30AM - 15:30PM  
17:00PM - 21:00PM

Friday:  
7:30AM - 12:00PM





## Al Khalidiyah Health Center

Monday - Thursday:  
7:30AM - 22:00PM

Friday:  
7:30AM - 12:00AM



## Wasit Health Center

Monday - Thursday:  
7:30AM - 22:00PM

Friday:  
7:30AM - 12:00PM  
17:00PM - 22:00PM

Saturday - Sunday:  
7:00AM - 13:00PM  
17:00PM - 22:00PM



## Al Riffa Health Center

Monday - Thursday:  
7:30AM - 15:30PM  
17:00PM - 22:00PM

Friday:  
7:30AM - 12:00PM



## Kalba Health Center

Monday - Thursday:  
8:00AM - 14:00PM

Friday:  
8:00AM - 12:00AM



## Al Riqqa Health Center

Monday - Thursday:  
7:30AM - 22:00PM

Friday:  
7:30AM - 12:00PM



## Al Thameed Health Center

Monday - Sunday:  
8:00AM - 13:00PM





## Al Luluayah Health Center

Monday - Thursday: 7:30AM - 22:00PM	Friday: 7:30AM - 12:00PM	Saturday: 5:00PM - 12:00PM	Sunday: 8:00AM - 13:00PM 13:00PM - 22:00PM
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## AJMAN



## Al Hamidiyah Health Center

Monday - Thursday: 7:30AM - 15:30PM 17:00PM - 22:00PM	Friday: 7:30AM - 12:00PM
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## Musheirif Health Center

Monday - Thursday: 7:30AM - 15:30PM 17:00PM - 22:00PM	Friday: 7:30AM - 12:00PM 17:00PM - 22:00PM	Saturday: 8:00AM - 13:00PM 17:00PM - 22:00PM
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## Al Madina Health Center

Monday - Thursday: 7:30AM - 15:30PM 17:00PM - 22:00PM	Friday: 7:30AM - 12:00PM	Saturday: 8:00AM - 13:00PM 17:00PM - 22:00PM
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## Muzeirah Health Center

Monday: 7:30AM - 15:30PM 17:00PM- 21:00PM	Tuesday: 7:30AM - 15:30PM	Wednesday: 7:30AM - 15:30PM 17:00PM- 21:00PM	Thursday: 7:30AM - 15:30PM
Friday: 7:30AM - 12:00PM	Saturday: 8:00AM - 13:00PM		



## Al Manama Health Center

Monday: 7:30AM - 15:30PM 5:00PM- 21:00PM	Tuesday: 7:30AM - 15:30PM 5:00PM- 21:00PM	Wednesday: 7:30AM - 15:30PM 5:00PM- 21:00PM	Thursday: 7:30AM - 15:30PM
Friday: 7:30AM - 12:00PM	Saturday: 8:00AM - 1:00PM 17:00PM -21:00PM		

## UMM AL QUWAIN



## Al Khazan Health Center

Monday - Thursday: 7:30AM - 15:30PM
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## Al Raafah Health Center

Monday - Thursday: 7:30AM - 15:30PM
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## Falaj Al Mualla Health Center

Monday - Thursday:  
7:30AM - 15:30PM



## Al Salamah Health Center

Monday - Thursday:  
7:30AM - 15:30PM

# RAS AL KHAIMAH



## Almanaie Health Center

Monday - Thursday:  
7:30AM - 15:30PM

Friday:  
7:30AM - 12:00AM



## Al Jazira Al Hamra Health Center

Monday :  
7:30AM - 15:30AM  
17:00PM - 21:00PM

Friday:  
7:30AM - 11:00AM

Sunday:  
8:00AM - 12:00AM  
17:00PM - 21:00PM



## Saif Bin Ali Al Khatri Health Center

Monday - Thursday:  
7:30AM - 13:30PM





## Al Jeer Health Center

Monday - Thursday:  
7:45AM - 14:00PM

Friday:  
7:45AM - 10:30AM



## Khat Health Center

Monday - Thursday:  
7:30AM - 11:30AM



## Ras Al Khaimah Health Center

Monday - Thursday:  
7:30AM - 21:00PM

Friday:  
7:30AM - 12:00PM



## Shawka Health Center

Monday - Thursday:  
8:00AM - 13:30AM



## Julphar Health Center

Monday - Thursday:  
8:00AM - 13:30AM



## Al Maerid Health Center

Monday - Thursday:  
7:30AM - 22:00PM





## Al Rams Health Center

Monday - Thursday:  
8:00AM - 13:30PM  
17:00PM - 19:00PM



## Al Hamraniyah Health Center

Monday - Thursday:  
8:00AM - 21:00PM



## Abdullah Bin Ali Al Sherhan (Al Dhait) Health Center

Monday - Thursday:  
8:00AM - 21:00PM

Friday:  
7:30AM - 11:00AM

Saturday:  
8:00AM - 12:00AM

# FUJAIRAH



## Murshid Health Center

Monday - Thursday:  
8:00AM - 20:00PM



## Mirbah Health Center

Monday - Thursday:  
7:30AM - 22:00PM

Friday:  
7:30AM - 12:00AM

Saturday:  
7:30AM - 12:00AM  
17:00PM - 22:00PM

Sunday:  
8:00AM - 13:00AM  
17:00PM - 22:00PM





## Al Bidyah Health Center

Monday - Thursday:  
8:00AM - 21:00PM



## Dhadna Health Center

Monday - Thursday:  
7:30AM - 12:00PM  
22:00PM - 14:00PM

Friday:  
7:30AM - 12:00PM



## Al Tuwayeen Health Center

Monday - Thursday:  
7:30AM - 22:00PM

Friday:  
7:30AM - 12:00PM

Saturday - Sunday:  
8:00AM - 13:00PM



## Wadi Seder Health Center

Monday - Friday:  
8:00AM - 14:00PM